

Minimum requirements for a Trainee Record of Experience and topics for supplementary advice

Draft proposals for consultation January 2026

Purpose

The Trainee Record of Experience (or, the Record) will act as a tracking tool for trainees to log the practical experience they gain during their journey to registration. It will support them by acting a record of their experience undertaken, but not their performance while undertaking that experience.

The Record will not be assessed by ARB at the point of registration. Instead, it is a tool to support trainees in their progress towards qualification, and learning providers in understanding the nature of practical experience the trainee has gained relevant to the Practice Outcomes.

It will enable trainees to identify - and highlight to their learning providers and employers - gaps in their practical experience, so that the trainee and others involved in their training can address those gaps. Ultimately, the Record will be a tool that better supports trainees to undertake high quality, relevant, and appropriate practical experience.

Requirements

The Record will:

1. Map to the relevant Practice Outcomes.
2. Provide a standardised format to log experience.
3. Provide a standardised format to reflect on the experience completed.
4. Provide a standardised format for recording corroboration from relevant individuals, which is available to the trainee and other relevant individuals.

5. Be formatted in a way that helps demonstrate achievement of experience and clearly illustrate gaps in experience, so that trainees, their learning providers, and employers have a shared understanding of these gaps.
6. Be transferrable and usable between a trainee's time at successive employers and/or learning providers.
7. Be flexible in its format to accommodate the variety of qualification routes and different formats in which experience can be gained.

Advice for the Record's use

ARB will develop advice for trainees, learning providers and employers on how to complete the Record effectively.

Other areas for advice will further include:

- Case study examples of practical experience that support the Practice Outcomes for trainees, helping trainees to understand the Outcomes they need and how the practical experience they gain can help them do so.
- Advice for learning providers on supporting the trainee's TRE through 'supervision' and corroboration. Along with the guidance on the coordinating role for learning providers, this would provide clarity about who is, and has been, responsible for the trainee's supervision.